

A close-up portrait of Eckhart Tolle, a man with light brown hair and a light beard, looking directly at the camera with a slight smile. He is wearing a light blue button-down shirt. The background is dark and out of focus.

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feng shui for Love

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MAKING SPACE FOR TWO.

By Amanda Collins

When you enter your home, you should feel your spirits rise, for your home is the outward expression of your inner life. If you're ready to attract love or enhance your present relationship then prepare your home as if you are already in that loving relationship.

The first step is to make your home clutter free. Clear out anything from past relationships – gifts, photos, love letters, anything with an old love's energy on it. This supports you in letting them go. Next, create an open space in your closet for a future partner's things. Add eight empty hangers to say "I am welcoming you into my life. I have space and time for you." Make room in your drawers too, creating equal space for your belongings and your partner's. Give unwanted items to someone who needs them, a charity, or a recycling centre, always honouring the earth as you

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decide where such things need to go.

Your bedroom is the key to creating a sacred home that welcomes the love of your life. Televisions or exercise paraphernalia don't belong here, and electronic equipment should be placed in an office or separate work area. Arrange items such as nightstands and lamps in pairs. Within those pairs, organise items of similar size; if one lamp on a nightstand is much larger than another, this will create an imbalance in the relationship. Whatever you do on one side of a pair, do the same on the other.

Display artwork that suggests romance and intimacy. Anything that does not serve the bedroom's function, that of offering rest and romance should be removed; this includes photos of friends and family. Colour matters too. Earth tones are soothing and grounding but you might also add small accents in the red spectrum, such as pinks, maroon, or berry. Try to create a room that is neither too feminine or too masculine. Find a balance so both feminine and masculine energies will feel welcomed and honoured in the space.

Assure yourself that you are supported in life and love. Your bed should be positioned so there is enough space to walk on either side. You should not sleep in line with the door but should

see the door from your bed. It is best not to sleep under a window or have the bathroom on the other side of the headboard. And size matters when it comes to your mattress! If you are single with a single mattress, you will stay single, while a King size mattress doesn't encourage romance either. Queen size is perfect for love. It is best not to sleep on a mattress from a previous relationship, but if you must, give it a clearing with some sage. Also remove clutter from under the bed so energy can flow freely.

Rose quartz is the gem for love, compassion, healing and romance. Place two pieces on your nightstand; carry the gem in your purse or car. As jewellery, allow your gem to rest on your heart. As the southwest corner of your home is the area for love, place two pieces of rose quartz or two peonies – the flowers for love and romance, here.

Treat yourself lovingly every day and do not wait for someone else to. Use your best bedding of satin or silk and wear your best underwear and nightgowns. Light your candles; buy yourself flowers. To attract love you need to be, first of all, completely loving with yourself. Be in that vibration of love in order to receive it.

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